

SURVIVE FINALS 101

Contents:
Study Plan Sheets
Topics & Tricks

Class - Place - Time

Monday

Tuesday

Wednesday

Thursday

Friday

Prepare and Excel

Exam 1

Class:

Study Guide: Y or N

Chapters on Final:

Chapters Studied For:

Study Plan:

Exam 2

Class:

Study Guide: Y or N

Chapters on Final:

Chapters Studied For:

Study Plan:

Exam 3

Class:

Study Guide: Y or N

Chapters on Final:

Chapters Studied For:

Study Plan:

Prepare and Excel

Exam 4

Class:

Study Guide: Y or N

Chapters on Final:

Chapters Studied For:

Study Plan:

Exam 5

Class:

Study Guide: Y or N

Chapters on Final:

Chapters Studied For:

Study Plan:

Exam 6

Class:

Study Guide: Y or N

Chapters on Final:

Chapters Studied For:

Study Plan:

Survival Tips

Get the most out of your study time!

Where/When to Study

How to Study

Taking the Final

Somewhere distraction free.

Your study site should be free of distractions (noTV), well lit, comfortable and enough space to spread out your books and notes.

Do not procrastinate.

Cramming alone can cause burnout and you to forget the majority of the information. Begin your preparation 10 to 15 days before the exam, especially if you are preparing for multiple exams.

Talk to your professor.

Reach out to the professor if there is something you don't understand.

Do the study guide.

It is like free points on the exam!

Form a study group.

Choose a few conscientious students that rarely miss class. Compare notes, quiz each other and keep one another on task.

Write it out.

Practice writing about the concepts you have learned in class.
Anticipate what questions your professor might ask and study for the final by writing out your responses.

Make flash cards.

Set a study schedule.

Get a good night of sleep.

Being well rested and preparing ahead of time is infinitely better than cramming all night.

Eat breakfast.

Breakfast will help start your metabolism and brain for the day.

Test.

Skip any questions you do not know and return to them later.

Double-check all answers and questions.

Always go with your first guess unless you are absolutely sure of another answer.

Be confident!